**American Red Cross Spring 2020 Lifeguard Review Training Class**

**\*This is a lot of information, please read through carefully and thoroughly.**Please direct any questions to the Aquatics Program Director of Lifeguards/Swim Lessons, Susana Martinez. (402)721-6952 or susanam@fremontfamilyymca.org

Cost: Members $70, Non-Members $115

Upon successful completion of the lifeguard review training course, participants will be certified in American Red Cross Lifeguarding, First Aid and CPR/AED for the Professional Rescuer. All certifications are valid for 2 years. However, per the state of Nebraska, CPR/AED certifications must be updated every year. If you have been previously certified, but more than 30 days has passed, you will need to take the course in its entirety. **Candidate MUST attend all days for the full time.**

**April Review Lifeguard Class:**

April 17th 5pm-7pm

April 18th 9am-3pm

**What do I need to bring to class each day?** Students should bring appropriate swim attire, a towel, snacks/drinks, lunch, and the Lifeguard Manual. \*Students can access the Lifeguard Manual online. Google search “Red Cross Lifeguard Manual” & from there you can download to your own device, otherwise, books will be available to use for the duration of the course.

**Please Note:** Class space is limited, therefore is first-come, first-served. Attendance is required during all course-meeting times. No exceptions.

**Cancellation Policy:** Withdrawl from the course 5 or more business days prior to the first class will be charged a $10 withdrawal fee. Withdrawal from the courses less than 5 days prior to the first day of class will receive a 50% refund. Withdrawal from the course on the day class begins will not receive a refund.

**Payments:** Full payment is due at the time of registration. Financial assistance is available per request.

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**To register for the *Lifeguard Review Training Class*, please return this bottom portion to The Dillon Family Aquatics Center with your payment in full.**

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date of Birth: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone Number\*: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email\*:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Are you a YMCA Member? Yes No

\*Please give the BEST phone # and email to reach you at. We will need this in case of cancellation or rescheduling