

HEALTH & SAFETY PROTOCOLS

WE ARE CLOSELY MONITORING GOVERNMENT POLICY CHANGES,
CENTERS FOR DISEASE CONTROL (CDC) GUIDELINES, GOVERNMENT
MANDATES, AND PUBLIC HEALTH ADVANCEMENTS AND WILL
CONTINUE TO MAKE CHANGES AS NECESSARY OR APPROPRIATE TO
OUR PROTOCOLS AND PROCEDURES

Updated: September 11, 2020

OVERVIEW & GENERAL APPROACH

1 EMPLOYEE & GUEST HEALTH

The health and safety of our employees and guests is our number one priority.

Mandatory face coverings. We are complying with all Local and Federal mandates including the wearing of face coverings while inside our building where individuals cannot safely practice social distancing. Athletes may remove face coverings during practice, stick and puck and private lessons. Public Skate and Intro to Skating participants must wear face coverings.

Temperature Scans. Upon entry, everyone entering our facility must undergo a temperature check. Any guest displaying a temperature over 100.4°F will not be allowed entry to the property.

Physical Distancing. Guests will be advised to practice physical distancing by standing at least six feet away from other people not traveling with them while standing in lines or moving around the facility. Tables, chairs, and other physical layouts will be arranged to ensure appropriate distancing. Employees will be reminded not to touch their faces and to practice physical distancing by standing at least six feet away from guests and other employees whenever possible. The front desk and check-in locations will also be modified to protect both guests and our team.

Hand Sanitizer. Hand sanitizer dispensers will be placed at key guest entrances and high-contact areas such as lobby, reception areas, and other public areas.

No Outside Food & Beverage. No food or beverage is to be brought from the outside into the facility. No Coolers are permitted to brought into the facility. Any outside food or Beverage found on the premises will be immediately disposed of and the patron will be asked to leave.

Non-Participants and Unattended Minors. It is our goal to optimize social distancing practices and remain within the guidelines for large gathering in a sporting facility. We are currently working under a 75% capacity limit. Our capacity has been set at 175 patrons at this time. We ask all patrons to limit non-participants entering the building. Feel free to drop practice participants and players at the door during designated practice times. Children under the age of 8 who are not participating in onice activities must be attended by an adult at all times.

Front of House Signage. There will be health and hygiene reminders throughout the facility.

Back of House Signage. Signage will be posted throughout the property reminding employees of the proper way to wear, handle, and dispose of masks and face coverings; use gloves (in positions deemed appropriate by medical experts); wash hands; sneeze; and to avoid touching their faces.

Employee & Guest Health Concerns. Employees and guests are instructed to stay home if they do not feel well and are instructed to contact a manager if they notice a coworker or guest with a cough, shortness of breath, or other known symptoms of COVID-19.

Mandatory 14 Day Quarantine. Any known guest or employee who has tested positive for or has come into contact with the coronavirus will be required to quarantine for 14 days or present a negative test result before being permitted to enter the premises.

Privacy. The privacy of our staff and patrons is paramount and will be protected at all times. If a positive result has been confirmed the afflicted will never be specifically identified outside of the HR office.

2 EMPLOYEE RESPONSIBILITIES

Hand Washing. Correct hygiene and frequent handwashing with soap is vital to help combat the spread of contagions. All employees have been instructed to wash their hands, or use sanitizer when a sink is not available, every 60 minutes (for 20 seconds) and after any of the following activities: using the restroom, sneezing, touching the face, blowing the nose, cleaning, sweeping, mopping, smoking, eating, drinking, entering and leaving the rink floor, going on break, and before or after starting a shift.

COVID-19 Training. All employees will receive training on COVID-19 safety and sanitation protocols with more comprehensive training for our teams with frequent guest contact including rink attendants, food and beverage, rink operations, and coaches.

Personal Protective Equipment (PPE). Appropriate PPE will be worn by all employees based on their role and responsibilities and in adherence to state or local regulations and guidance. Training on how to properly use and dispose of all PPE will be mandatory. Every employee in direct contact with other employees or guests will be required to wear a face covering. Gloves will be provided to employees whose responsibilities require them as determined by medical experts including housekeeping and public area attendants in direct contact with guests.

3 CLEANING PRODUCTS & PROTOCOLS

Our cleaning products and protocols which meet EPA guidelines and are approved for use and effective against viruses, bacteria, and other airborne and bloodborne pathogens. We are working with our vendors, distribution partners, and suppliers to ensure an uninterrupted supply of these cleaning supplies and necessary PPE.

Public Spaces & Communal Areas. The frequency of cleaning and sanitizing has been increased in all public spaces with an emphasis on frequent contact surfaces including, but not limited to, front desk check-in counters, door handles, public restrooms, room keys and locks, tables, equipment, dining surfaces, and seating areas.

Locker Rooms. All locker rooms will be cleaned and sanitized before, during, and after all programming.

Back of House. The frequency of cleaning and sanitizing will also increase in high traffic back of house areas with an emphasis on employee entrances, control rooms, offices, kitchens, stock and storage areas, and meeting areas. Cleaning and sanitizing protocols are also in effect for

mechanical rooms and other areas restricted to employee access only. Biohazard items will be cleaned and disposed of according to CDC and OSHA regulation.

Shared Equipment. Shared tools and equipment will be sanitized before, during, and after each shift or anytime the equipment is transferred to a new employee. This includes phones, radios, computers and other communication devices, payment terminals, kitchen implements, engineering tools, safety buttons, folios, cleaning equipment, keys, time clocks, and all other direct contact items used throughout the rink.

PROGRAM & DEPARTMENT PROCEDURES

4 GENERAL & PUBLIC ICE SKATING

- (a) If you are displaying any symptoms of respiratory illness or the flu, please stay home
- (b) Enter and exit using the Main Ice Entrance
- (c) No outside food or drinks allowed
- (d) Stop at Temperature Station immediately upon entering the building
- (e) All entrants are required to wear face coverings while inside the building
- (f) Limit the amount of people accompanying the participant
- (g) No children under the age of 8 years old are to be left unattended at any time
- (h) Practice Social Distancing when queuing and throughout the facility
- (i) Wash your hands frequently
- (j) Refrain from spitting on the ice and throughout the facility
- (k) No lost and found items of value will be kept for 15 days
- (I) Patrons who have been exposed to or contracted Covid-19 may be required to quarantine for 14 days and/or remit proof of a negative test result before returning
- (m) SIA Employees are always required to wear face coverings

INTRO PROGRAMS

- (a) Enter and exit using the Main Ice Entrance
- (b) Stop at Temperature Station immediately upon entering the building
- (c) No Outside Food or Beverage Allowed
- (d) All entrants are required to wear face coverings upon entering the building
- (e) Although we prefer they remain in place, Athlete face coverings may be removed while on the ice surface during lessons
- (f) SIA Employees are always required to wear face coverings
- (g) Skaters are strongly encouraged to arrive dressed to skate before entering the facility.
- (h) If possible, skates should be put on before entering the building.
- (i) Limit the number of non-participants guests who enter the building. We recommend one adult with one child and immediate family members only.
 - (j) No children under the age of 8 years old are to be left unattended at any time
 - (k) Those accompanying the participants should practice social distancing and avoid entering private offices or employee spaces.
 - (I) Skaters must be signed in for each class attended.

- (m) After your session, exit the ice, take skates off, and exit the building quickly.
- (n) Refrain from loitering or socializing inside the building. Please limit your time to 15 minutes prior to practice and 15 minutes following practice.
- (o) Athletes who have been exposed to or contracted Covid-19 may be required to quarantine for 14 days and/or remit proof of a negative test result before returning

HOCKEY PROGRAMMING (YOUTH & ADULT)

- (a) Enter and exit using the Main Ice Entrance
- (b) No Outside Food or Beverage Allowed
- (c) Stop at Temperature Station immediately upon entering the building
- (d) All entrants are required to wear face coverings upon entering the building
- (e) Although we prefer they remain in fully in place, Athletes face coverings may be removed while on the ice surface.
- (f) Players should dress at home to the extent possible.
- (g) Only use the assigned Locker Rooms indicated on the designated monitor.
- (h) Locker rooms will be available at least 15 minutes prior to the programming start time.
- (i) Spitting and nose-blowing without tissues are prohibited.
- (j) Limit the number of non-participant guests who enter the building. We recommend a 1 adult to 1 child ratio and immediate family only.
- (k) No children under the age of 8 years old are to be left unattended at any time
- (I) Those accompanying the participants should practice social distancing and avoid entering private offices and employee spaces.
- (m) Athletes who have been exposed to or contracted Covid-19 may be required to quarantine for 14 days and/or remit proof of a negative test result before returning
- (n) After your session, exit the ice, take skates off, and exit the building quickly. Showers will not be available.
- (o) Refrain from loitering or socializing inside the building. Please limit your time to 15 minutes prior to practice and 15 minutes following practice.

7 PRIVATE RENTALS/ BIRTHDAYS

- (a) Anyone displaying symptoms of respiratory illness or the flu will be denied entry
- (b) Enter and Exit the building using the Main Entrance Only
- (c) Stop at Temperature Station immediately upon entering the building
- (d) Do not arrive more than 15 minutes prior to your reservation/game
- (e) Outside food and drinks must go directly into Party Room area.

Alcohol is prohibited.

- (f) Enter and exit the building using the designated doors
- (g) All entrants are required to wear face coverings upon entering the building
- (h) Face Coverings must remain in place while in the facility. This includes the ice surface and party room
- (i) All SIA Renters are always required to wear face coverings
- (j) Birthday Parties will be limited to 20 participants
- (k) Limit the number of non-participant guests who enter the building
- (I) No children under the age of 8 years old are to be left unattended at any time



Fremont Family YMCA Sidner Ice Arena Covid 19 Protocols

Practices:

- Face coverings are required by participants, coaches and parents.
 Players/coaches may remove their mask when they get on the ice.
- Youth Hockey players please come dressed to Sidner Ice Arena
- You will need to enter through the South Main Doors of the Y Sidner Ice
 Arena and go to the window to get your temperature checked. Midland
 players, coaches and trainers will get their temperature checked at Midland.
 All players and fans must fill out a waiver to enter the Sidner Ice Arena.
- Only parents can attend Fremont Flyers practices
- Please leave the facility immediately following your practice so we can have a smooth transition to the next practice.
- Every other row of bleachers will be taped off to allow social distancing.

Games:

- Face coverings are required by participants, coaches and spectators. Players and coaches may remove their mask when they get on the ice.
- For the first month of games fans will be limited to immediate family members only. A determination of expanding the number of fans will be considered in October. The YMCA will only allow a 175 occupants in the Sidner Ice Arena.
- Spectators are asked to practice social distancing when possible (at least six feet).
- Every other row of bleachers will be taped off to allow social distancing.
- Please leave the facility immediately following your game so we can have a smooth transition to the next game