



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ACTIVE PRIME TIMERS POTLUCK LUNCH

All Active Prime Timers (formerly known as the Active Older Adults) are invited to attend the Fremont Family YMCA's **POTLUCK LUNCH** on

**FRIDAY,
FEBRUARY 2,
11:30 AM**



at

SIDNER ICE ARENA'S PARTY ROOM

PROMEDCARE is in charge of this month's potluck. We will celebrate Groundhog's Day with a warm tummy-filling serving of goulash. Cheryl Kanoy, one of our land and water aerobics instructors, will be present to discuss the benefits and blessings of hospice care.



Please bring a side dish to share with the others and your own table service. Attendance at our potlucks are averaging around 25 people so please be so kind as to bring enough for all to enjoy!

This month's potluck
is sponsored by:

