

FREMONT FAMILY YMCA

PRIVATE GYMNASTICS LESSONS

Private gymnastics instruction can benefit anyone who feels they want more individualized attention from a coach.

Working one-on-one with students, coaches will be able to fine tune skills and routines.

Scheduling depends on coaches' availability.

Lessons will include working on skills the gymnast would like to improve on, perfecting older skills or learn new ones.

COST (you must be a Fremont Family YMCA member)

\$20/hour for a team member

\$45/hour for a non-team member

If you are not a Fremont Family YMCA member but would like to take private lessons, please talk to Jensen Sullivan, gymnastics director



To set up a private lesson, please call Jensen , 402-721-6952, or email her at jensens@fremontfamilyymca.org

