

2nd & 3rd Grade Volleyball Rules

- 1. This league is for the enjoyment of the players. All parents, coaches, and players should display good sportsmanship and respect for your own team's players, coaches, and to the opposite team's coaches, parents, and players.
- 2. A match will consist of two games to 25 points and the third game to 15 points if necessary. Rally scoring will be used and you must win by two with a cap of 30 on the first two games and a cap of 20 on the 3rd game. Serves may touch the net.
- 3. All players must rotate in and play half the time.
- 4. All players must start in at least one game.
- 5. Six players play at a time, but if you have less you may play with less than six or share players with the other team so girls get as much playing time as possible.
- 6. Each player must have their program fees paid before they play unless approved by the director.
- 7. Each player must wear their team shirt. If they do not have one, the shirt they wear must be the same color as the team's shirt. Proper footwear must be worn (no flip flops or open toed shoes).
- 8. If both coaches agree, the game may begin early.
- 9. Any abusive language and/or abusive action (such as fighting) will result in the person being ejected from the game and facility.
- 10. If a team or a coach does not follow these rules, the director will give a warning to the coach. If a rule infraction happens twice during the season, the coach will be replaced.
- 11. Regular volleyball rules will be followed except:
 - a. After a team has scored three offensive consecutive points, a side-out will be called and the opposing team will get the serve without scoring a point. Game score will be de-emphasized as much as possible.
 - b. New players rotate into the center back position and the server leaves the game.
 - c. Servers may take as many steps as they want over the designated serving line.
 - d. If you have more skilled players please have them serve as far back as need be to be challenged. Overhand serves must be with an open hand, not a fist. On each serve the player may only catch or let the ball drop one time if they have a bad toss. There is nothing wrong at this age with girls serving underhand. We don't want to create bad habits by serving over hand when they might not be strong enough yet.
 - e. All players are allowed a "Mulligan Serve" if they miss their 1st serve only. This will be a 2nd chance serve. If they miss both, they have lost that turn of service. If you make your first serve and score, then miss your second serve, your turn at service is over for that rotation.
 - f. Ball is a volleylite



4th Grade Volleyball Rules

- 1. This league is for the enjoyment of the players. All parents, coaches, and players should display good sportsmanship and respect for your own team's players, coaches, and to the opposite team's coaches, parents, and players.
- 2. A match will consist of two games to 25 points and the third game to 15 points if necessary. Rally scoring will be used and you must win by two with a cap of 30 on the first two games and a cap of 20 on the 3rd game. Serves may touch the net.
- 3. All players must rotate in and play half the time.
- 4. All players must start in at least one game.
- 5. Each player must have their program fees paid before they play, unless approved by the director.
- 6. Each player must wear their team shirt. If they do not have one, the shirt they wear must be the same color as the team's shirt. Proper footwear must be worn (no flip flops or open toed shoes).
- 7. If both coaches agree, the game may begin early.
- 8. Any abusive language and/or abusive action (such as fighting) will result in the person being ejected from the game and facility.
- 9. If a team or a coach does not follow these rules, the director will give a verbal warning to the coach. If a rule infraction happens twice during the season, the coach will be replaced.
- 10. Regular volleyball rules will be followed except:
 - a. After a team has scored three offensive consecutive points, a side-out will be called and the opposing team will get the serve without scoring a point. Game score will be de-emphasized as much as possible.
 - b. New players rotate into the center back position and the server leaves the game.
 - c. When playing a 5/6th grade team, servers may serve closer than the free throw line if a player is approved by both coaches to do so. All overhand serves must be with an open hand and not a fist.
 - d. When playing a 5/6 th grade team, all 4th grade players are allowed a "Mulligan Serve" if they miss their 1st serve only. This will be a 2nd chance serve. If they miss both, they have lost that turn of service. If you make your first serve and score, then miss your second serve, your turn at service is over for that rotation.
 - e. Boundaries; check with the official, depending on which court you are playing on.
 - f. Ball is a volleylite



5th & 6th Grade Volleyball Rules

- 1. This league is for the enjoyment of the players. All parents, coaches, and players should display good sportsmanship and respect for your own team's players, coaches, and to the opposite team's coaches, parents, and players.
- 2. A match will consist of two games to 25 points and the third game to 15 points if necessary. Rally scoring will be used and you must win by two with a cap of 30 on the first two games and a cap of 20 on the 3rd game. Serves may touch the net.
- 3. Visiting team calls the coin toss. Best 2 out of 3.
- 4. All players must rotate in and play half the time.
- 5. All players must start in at least one game.
- 6. Each player must have their program fees paid before they play, unless approved by director.
- 7. Each player must wear their team shirt. If they do not have one, the shirt they wear must be the same color as the team's shirt. Proper footwear must be worn (no flip flops or open toed shoes).
- 8. If both coaches agree, the game may begin early.
- 9. Players are expected to exhibit sportsmanship. No arguing with any of the official's decisions, etc.
- 10. Any abusive language and/or abusive action (such as fighting) will result in the person being ejected from the game and facility.
- 11. If a team or a coach does not follow these rules, the director will give a verbal warning to the coach. If a rule infraction happens twice during the season, the coach will be replaced.
- 12. Regular volleyball rules will be followed except:
 - a. After a team has scored three offensive consecutive points, a side-out will be called and the opposing team will get the serve without scoring a point. Game score will be de-emphasized as much as possible.
 - b. New players rotate into the center back position and the server leaves the game.
 - c. Servers may serve no closer than free throw line extended if a player is approved by both coaches to do so, otherwise 5th/6th Grade division must serve behind the regulation service line. Each Player has one try to make a good serve (No "Mulligan Serve"). Coaches please put your players in a challenging distance when serving by their ability. All overhand serves must be with an open hand and not a fist. On each serve the ball may only drop or be caught one time for a bad toss.
- 13. Boundaries; check with the official, depending on which court you are playing on.
- 14. Ball is a volleylite.