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| September | Lap Lane Schedule |
| MA= Masters Swim SO= Special Olympics  MU= Midland Swim APS= Arlington Public Schools  FA= FAST | 2022 |
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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|  |  |  |  | 1 | 2 | 3 |
|  |  |  |  | MA 9-11AM  MU 2-4PM  FA 4-7:15PM | FA 5:30-6:45AM  MA 8-9AM  MU 2-4PM |  |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|  | CLOSED  LABOR DAY | MA 9-11AM  MU 2-4PM  FA 4-7:15PM | FA 5:30-6:45AM  MA 8-9AM  APS 1-2PM  MU 2-4PM  FA 4-7:15PM | MA 9-11AM  MU 2-4PM  FA 4-7:15PM | FA 5:30-6:45AM  MA 8-9AM  MU 2-4PM |  |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
|  | FA 5:30-6:45AM  MU 5:30-8AM  MA 8-9AM  MU 2-4PM  FA 4-7:15PM | MA 9-11AM  MU 2-4PM  FA 4-7:15PM  SO 5:30-6:30PM | FA 5:30-6:45AM  MU 5:30-8AM  SO 6:30-7:30AM  MA 8-9AM  MU 2-4PM  SO 4:15-5:15PM  FA 4-7:15PM | MA 9-11AM  MU 2-4PM  FA 4-7:15PM  SO 5:30-6:30PM | FA 5:30-6:45AM  MU 5:30-8AM  MA 8-9AM  MU 2-4PM |  |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
|  | FA 5:30-6:45AM  MU 5:30-8AM  MA 8-9AM  MU 2-4PM  FA 4-7:15PM | MA 9-11AM  MU 2-4PM  FA 4-7:15PM  SO 5:30-6:30PM | FA 5:30-6:45AM  MU 5:30-8AM  SO 6:30-7:30AM  MA 8-9AM  MU 2-4PM  SO 4:15-5:15PM  FA 4-7:15PM | MA 9-11AM  MU 2-4PM  FA 4-7:15PM  SO 5:30-6:30PM | FA 5:30-6:45AM  MU 5:30-8AM  MA 8-9AM  MU 2-4PM |  |
| 25 | 26 | 27 | 28 | 29 | 30 |  |
|  | FA 5:30-6:45AM  MU 5:30-8AM  MA 8-9AM  MU 2-4PM  FA 4-7:15PM | MA 9-11AM  MU 2-4PM  FA 4-7:15PM  SO 5:30-6:30PM | FA 5:30-6:45AM  MU 5:30-8AM  SO 6:30-7:30AM  MA 8-9AM  APS 1-2PM  MU 2-4PM  SO 4:15-5:15PM  FA 4-7:15PM | MA 9-11AM  MU 2-4PM  FA 4-7:15PM  SO 5:30-6:30PM | FA 5:30-6:45AM  MU 5:30-8AM  MA 8-9AM  MU 2-4PM |  |
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