

YMCA Youth Tennis Lessons

Monday:

1. Tiny Blasters 2 – 4 -5 years old – Youth develop hand-eye coordination and striking skills
– 4:15pm – 5pm - \$45/\$90
2. Nuts and Bolts – 6-8 years old – Introductory instruction for basics of the game including forehands, backhands, serves and volleys
-5-6pm - \$60/\$120

Tuesday:

1. 3R's – 9 – 11 years old – Ready, React, Run. This level will also develop foot work, hand-eye coordination as well as simple game play ability
- 4:30-5:30pm - \$60/\$120
2. Junior Pacesetters (Middle School) – 12 and over – Advanced instruction covering all strokes for those wishing to be competitive
- 5:30-6:30pm - \$60/\$120

Wednesday:

1. Tiny Blasters 1 – 3 years old - Youth develop hand-eye coordination and striking skills
- 4:30- 5pm - \$30/\$60
2. 3 R's – 9- 11 years old - This level will also develop foot work, hand-eye coordination as well as simple game play ability
- 5:00-6:00pm - \$60/\$120
3. Cardio Tennis – 12 and over – Group fitness activity featuring fast paced drills and games
- 6:00 – 7:00pm – Drop in \$10 an hour

Thursday:

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Updated: 10-23

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